

## Uckfield Community Access Point

### **Call in and talk to us if you want help ...**

- > Equipment Loan
- > First Aid Training or Services
- > Carers Respite
- > Transport and Escort
- > or any of our large range of practical services

### **... or if you want to help us**

- > Service Volunteers
- > Fundraisers
- > Supporters
- > Donations

**We are open** Monday, Tuesday, Wednesday, Friday  
10:00am to 1:00pm at the  
Uckfield Volunteer and Information Centre,  
79 High Street, Uckfield TN22 1AS

Tel: 01825 765302

Email: [uckfield\\_cap@redcross.org.uk](mailto:uckfield_cap@redcross.org.uk)

